

## DOCTOR OF OSTEOPATHIC MEDICINE

- Doctors of Osteopathic Medicine follow a complete system of medical care with a philosophy that combines the needs of the patient with the current practice of medicine, surgery and obstetrics; that emphasizes the interrelationship between structure and function; and that has an appreciation of the body's ability to heal itself.
- Place great value on preventive health care and practice it regularly.
- Receive extra education to better understand how injuries or illnesses impact the body.
- Have a strong history of serving rural and underserved areas.



## PARTNERSHIP

AMEC has established a Medical Education Partnership that can provide over 120 primary care physicians to the rural and underserved areas of Alabama.

This has been accomplished through the partnership of:

- 20 Alabama colleges and universities,
- 8 out-of-state osteopathic medical schools,
- 12 In-state core teaching sites for students to complete their final two (2) years in medical school.

### Contact Information:

  
**Alabama  
Medical  
Education  
Consortium**

Dr. Wil Baker or Ruth Harrell  
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Robertsdale, AL 36567  
(251) 947-6288 (Tel) ✓

### Important Websites

[www.amec.uwa.edu](http://www.amec.uwa.edu) ✓  
[www.adacom.org](http://www.adacom.org)  
[www.osteopathic.org](http://www.osteopathic.org) ✓  
[www.studentdoctor.net](http://www.studentdoctor.net)



## Alabama Medical Education Consortium

A Guide for the  
Pre-Medical Student

### **Mission Statement** Alabama Medical Education Consortium's

(AMEC) mission is to establish and maintain an osteopathic primary care physician pipeline for rural and underserved Alabama.



## Facts about Medical Education

- Applicants to medical schools typically have four-year undergraduate degrees with an emphasis on scientific courses.
- You must complete four years of medical education: two years of basic sciences and two years of clinical rotations.
- After medical school, you can choose to practice in any specialty area after completing a residency program which typically is three years of graduate medical education.
- AMEC focuses on primary care which includes family practice, pediatrics, obstetrics and internal medicine.
- You must pass national boards for licensure.
- You will practice in fully accredited and licensed health care facilities as independent practitioners or in medical groups.



## How to Become a Doctor

### Freshman Year

- Meet with pre-med advisor and learn requirements.
- Maintain a competitive GPA.
- Begin extracurricular activities.
- Volunteer in a medical area.
- Review medical school requirements.
- Shadow and get to know an osteopathic physician.
- Visit the AMEC website.

### Sophomore Year

- Volunteer in a medical area.
- Maintain a competitive GPA.
- Check medical school entrance requirements.
- Complete AMEC applications. ✓

### Junior Year

- Study and register for MCAT.
- Take the MCAT and have scores sent to AMEC partner schools.
- Meet with pre-med advisor.
- Maintain competitive GPA.
- Visit with other Doctors.
- Volunteer/work in a medical field.
- Visit schools you are interested in and attend open houses, if available.

### Senior Year

- Complete AACOMAS application online and send copy to AMEC.
- Include AMEC partner schools application.
- Arrange to have official copies of college transcripts sent to AACOMAS.
- Request reference letters.
- Maintain a competitive GPA.
- Volunteer/work in a medical field.
- Complete secondary med school application.
- Interview at medical schools.
- Complete FAFSA financial aid application.

## How to Apply

- Admissions Committee meetings for each year will be set in December for the following year and these dates will be published on the AMEC website.
- Any individual interested in applying for consideration by AMEC will be advised to go first to the AMEC website to complete and return the application to the AMEC office.
- Applicants will be advised as to completion of AACOMAS or Partnership Plan applications as well as forwarding all appropriate documents requested by AMEC.
- All documentation requested from applicants must be received in the AMEC office no later than three weeks prior to the Admissions Committee meeting.
- All documentation received from applicants will be evaluated by the AMEC staff and applicants will be notified as to their eligibility for AMEC.

