



RAISING HEALTHY NATIVE YOUTH

Through Culturally Relevant Health Education

HealthyNativeYouth.org contains health promotion curricula and resources for American Indian and Alaska Native youth. The site is designed for tribal health educators, teachers, and parents – providing the training and tools needed to access and deliver effective, age-appropriate programs. Filter and search for curricula by age-group, delivery setting, and evidence of effectiveness. Each program includes lesson plans, handouts, and supplemental materials; many also include recorded videos and webinars to help prepare educators to facilitate lessons.

Engaging. Relevant. Effective.

The site currently includes sexual health curricula, but will expand to include other health topics over the next year.

SUBMIT A HEALTH CURRICULUM

If you have a culturally-relevant health curriculum for AI/AN youth, consider housing it on www.HealthyNativeYouth.org. You'll receive feedback on program uptake and reach, with the ability to update training materials and lesson plans as needed.

Questions? Please send inquiries to Stephanie at scraig@npaihb.org